



The 307th Bombardment Group (HV) Association, Inc.
The Long Rangers

October 2017 Newsletter

Our Association grew out of the initial meeting of eight former World War II members who got together in the spirit of fellowship and camaraderie in Reno, Nevada, on September 11-12, 1972. The goal and hope was for continued growth and expanded interest in the Nation's finest heroes.

The members attending the initial meeting were: Carl Whitesell, Dan Cauffiel, George Jaffe, Ed Jurkens, M.P. Nelson, Arthur Downs, and C. Scott.

Since then, our organization has grown, and we have expanded to include the children of the 307th and their families and friends. Our mission is to insure that future generations never forget the sacrifices that these men made for them and for our country. Each year we hold a reunion in a different part of the country to celebrate and reminisce, catching up with old friends and making new ones.

WE ARE FAMILY! WE ARE THE CHILDREN OF HEROES

307th Bombardment Group/ Wing

75th Anniversary Reunion

Shreveport, LA

April 1st, 2017

The 307th Bomb Wing invited us to the 75th Anniversary of the formation of the 307th. Held at the Hilton we enjoyed a wonderful reception and fun activities that were planned including a trip to a local brewery. The Banquet was outstanding and a great time was had by all, especially the bar after party where we all mingled till the wee hours. Check out or add your pictures to the Facebook page or email them to Jim Walsh to be added.

Plaque presented to 307th Bomb Wing at 75th Anniversary Dinner



*The Long Rangers- WWII
Heroes of the Pacific Facebook
Page.*

<https://www.facebook.com/search/top/?q=the%20long%20rangers%20-%20wwii%20heroes%20of%20the%20pacific>

Here are some of Debbie Drake's photos on her Facebook page:

[](https://www.facebook.com/plugins/post.php?href=https%3A%2F%2Fwww.facebook.com%2Fmedia%2Fset%2F%3Fset%3Da.10213779349855016.1073741859.1144664242%26type%3D3&width=500)



Letter from the President

Hello Everyone,

I want to deeply apologize for the lack of newsletters this year. It has been a stressful year for our board members and we have not been able to produce one until now. We have had to deal with moves, hurricanes, wildfires and personal sacrifices.

Our hearts go out to all who are or were affected by the Hurricanes, Wildfires or personal loss. It has been a sad year and we all need to pull together for support. First being our former President, Laurie Kendall, resigned for personal reasons and I, Debbie Drake, as Vice President took over as President. Tom Ayala took over the Vice President duties.

Recently, our Secretary, Richard Welsh, has resigned so we are looking for someone that would like to fill that position. *If interested, please contact me or any of our board. Our emails are on the website.*

It has been an honor for me to be President and I am trying to implement some new exciting things for our club. These will be explained later on. We need to get everyone excited and to participate more than once a year at the reunions.

Our Heroes are the best and we are all family. Thank you all for your support and membership.

Debbie Drake

President

The Long Rangers

307th Bombardment Group (HV)

President@307bg.net



The First Fighters in New Guinea, 1942 - 1944 - YouTube

<https://youtu.be/F53Mo374edg>



Final Flight



Name	Squadron	Date Passed
Harry Sorenson	371 st	February 26, 2017
Diane Grochowski	Family	February, 3, 2017

NATIONAL WWII MEMORIAL

Washington, D.C.

This is the information on how to register you or your loved one with the National WWII Memorial in Washington, D.C.

Introduction

Welcome to the WWII Registry!

The memory of America's World War II generation is preserved within the physical memorial and through the World War II Registry, a listing of Americans who contributed to the war effort in uniform and on the home front. Names in the Registry are forever linked to the memorial's bronze and granite representations of their sacrifice and achievement.

The WWII Registry combines four distinct databases.

Three are official U.S. Government databases maintained by the American Battle Monuments Commission (ABMC) or the National Archives and Records Administration (NARA). These official databases include names of Americans who are:

Buried in ABMC overseas military cemeteries.

Memorialized on ABMC Tablets of the Missing.

Listed on War and Navy Department Killed in Service rosters held by NARA.

The fourth database—the Registry of Remembrances—is an unofficial compilation of public acknowledgements honoring U.S. citizens who helped to win the Second World War.

The American Battle Monuments Commission makes no attempt to validate the historical accuracy of information submitted for the unofficial Registry of Remembrances, nor do we limit the number of enrollments honoring individuals.

The Registry of Remembrances is simply your opportunity to offer a public “thank you” to family members, friends, comrades-in-arms, and anyone else whose service inspires you to submit an enrollment in their honor.

Registry of Remembrances records may be corrected or modified only by those who submitted them.

<http://www.wwiimemorial.com/Registry/Default.aspx>



Members For Phone Tree Needed.

VOLUNTEERS NEEDED

The 307th BG Association is seeking volunteers to form a call tree for our 307th BG Veterans. Many of our known veterans, about 40 strong, are not able to attend our reunions but they enjoy our newsletters and hearing from us. Each volunteer would be responsible for calling their veteran(s) monthly. I will furnish our veterans contact information and information about their military service with the 307th BG. Whether you could reach out to one or a few veterans, any assistance would be greatly appreciated, and I know you will find it to be both interesting and rewarding.

Jim McCabe-Historian

Committee Members Needed.

We need your help for a few hours a month to help with the following committees:

Newsletters- writing articles or finding interesting items for input.

Historian- Jim McCabe can use help with organizing our information, scanning pictures or a host of other jobs. You can do a little or a lot but please helped him out.

Reunion- Anyone that would like to donate or knows a company that may donate items for our Silent Auction

If you are interested in any of these, please contact a board member or a committee chairperson. Chairpersons are :

Historian -Jim McCabe, Reunion- Debbie Drake or Jill Wyzywany, Newsletter -Jim Walsh or Debbie Drake. Phone tree - Jim McCabe

Reunion 2018

San Diego, CA

We are working on next years reunion and need some input from the membership.

We have found some very nice hotels by or on the beach and close to Mira Mar base but these hotels want \$169 per room. We need to know if this is acceptable or if we need to look farther inland for less expensive lodging and reception halls more in line with previous reunions.

Please see page 12 for more information about the upcoming reunion.

Remember that San Diego, CA is a high destination town so prices will be higher than previous reunions.

Please email Debbie Drake at President@307bg.net to vote your choice. We will go with the majority and we will post the results.

Looking forward to seeing everyone there.



A wonderful thank you letter from George Cole. He is amazing and we had a great time with everyone in the Maintenance Squadron

**307th MAINTENANCE SQUADRON
BARKSDALE AFB, LA**



7 April 2017

Debbie,

I am writing to express my gratitude and appreciation to the 307th Bombardment Group (Heavy) Association for your participation in the 307th MXS Heritage Ceremony. The event was a huge success and our squadron continues to talk about how much they appreciated the opportunity to interact with veterans from WWII, the Korean War, the Vietnam War, and the Cold War. The men and women of the 307th MXS were truly honored by the presence of the heroes of WWII in the Pacific, as well as their families. Because of you, we were able to show the strength of the camaraderie in the profession of arms, as well as connect with our unit's proud heritage.

Please pass on our deepest gratitude and thanks!

*many thanks
for an outstanding
event!*

Sincerely,

*George Cole, Maj USAF
307 MXS/CC*

WHAT DOES IT MEAN WHEN YOU HEAR THAT SOMEONE HAS PTSD?

Tom Ayala PhD

It means this particular individual is among a surprisingly large population of people who have experienced one or many (sometimes repetitive or sustained) experiences that include threatened death in the form of fear, helplessness and/or horror. Post Traumatic Stress Disorder (PTSD) affects many many individuals in a variety of contexts, yet is an ongoing condition for the brave men and women who are currently or have served in our esteemed armed forces. Many books and scholarly articles have been written about this condition and research is robust in an effort to understand the characteristics that exist in the highly complex science of PTSD.

Please feel free to share these diagnostic criteria and behavioral definitions of this psychopathology that causes many good people to struggle with the process of daily living. Since PTSD is a memory-based affliction the notion of, “you can’t un-ring that bell” certainly applies. Patience, understanding, communication, and attempting to inventory the individualized trauma specific information cues (triggers) help people manage their memories, thinking and resulting behaviors.

Use this information and share it with your families to use as insights. Insights that can be leveraged to make concessions/changes that would otherwise increase the quality of someone’s life who has PTSD:

Criterion A: stressor

The person was exposed to: death, threatened death, actual or threatened serious injury, or actual or threatened sexual violence, as follows: (one required)

1. Direct exposure.
2. Witnessing, in person.
3. Indirectly, by learning that a close relative or close friend was exposed to trauma. If the event involved actual or threatened death, it must have been violent or accidental.
4. Repeated or extreme indirect exposure to aversive details of the event(s), usually in the course of professional duties (e.g., first responders, collecting body parts; professionals repeatedly exposed to details of child abuse). This does not include indirect non-professional exposure through electronic media, television, movies, or pictures.

Criterion B: intrusion symptoms

The traumatic event is persistently re-experienced in the following way(s): (one required)

1. Recurrent, involuntary, and intrusive memories. Note: Children older than six may express this symptom in repetitive play.
2. Traumatic nightmares. Note: Children may have frightening dreams without content related to the trauma(s).
3. Dissociative reactions (e.g., flashbacks) which may occur on a continuum from brief episodes to complete loss of consciousness. Note: Children may reenact the event in play.
4. Intense or prolonged distress after exposure to traumatic reminders.
5. Marked physiologic reactivity after exposure to trauma-related stimuli.

Criterion C: avoidance

Persistent effortful avoidance of distressing trauma-related stimuli after the event: (one required)

1. Trauma-related thoughts or feelings.
2. Trauma-related external reminders (e.g., people, places, conversations, activities, objects, or situations).

Criterion D: negative alterations in cognitions and mood

Negative alterations in cognitions and mood that began or worsened after the traumatic event: (two required)

1. Inability to recall key features of the traumatic event (usually dissociative amnesia; not due to head injury, alcohol, or drugs).
2. Persistent (and often distorted) negative beliefs and expectations about oneself or the world (e.g., "I am bad," "The world is completely dangerous").
3. Persistent distorted blame of self or others for causing the traumatic event or for resulting consequences.
4. Persistent negative trauma-related emotions (e.g., fear, horror, anger, guilt, or shame).
5. Markedly diminished interest in (pre-traumatic) significant activities.
6. Feeling alienated from others (e.g., detachment or estrangement).
7. Constricted affect: persistent inability to experience positive emotions.

Criterion E: alterations in arousal and reactivity

Trauma-related alterations in arousal and reactivity that began or worsened after the traumatic event: (two required)

1. Irritable or aggressive behavior
2. Self-destructive or reckless behavior
3. Hypervigilance
4. Exaggerated startle response
5. Problems in concentration
6. Sleep disturbance

Criterion F: duration

Persistence of symptoms (in Criteria B, C, D, and E) for more than one month.

Criterion G: functional significance

Significant symptom-related distress or functional impairment (e.g., social, occupational).

Criterion H: exclusion

Disturbance is not due to medication, substance use, or other illness.

If you would like to dialog with me personally about this. You may contact me directly at tomayala33@gmail.com



307th Bombardment Group 2018 Reunion San Diego

Wednesday October 17th thru Sunday October 21st

Events to include:

Balboa Park tour including the WWII Veterans Memorial.

USS Midway Memorial Museum with special event

Free Day to visit Sea World San Diego

*And other **exciting** surprises revealed at a later date*

San Diego and California are well known for being more expensive so we are still scouting out locations. We can go more expensive and stay by the water or move inland where it's farther from events but less expensive. Please see page 8 about voting on this.

Most of our veterans are on limited budgets, so anyone who would like to sponsor a veteran will have the opportunity to do so during registration. It gives an opportunity for a vet who may not be able to come otherwise.

If you require help covering some of the cost of the hotel room or other, please contact our Treasurer, Greta Walsh at treasurer@307bg.net or our President, Debbie Drake at president@307bg.net